

Brief Consultations

Brief consultations are single or time limited (1-3) individualized sessions that are focused on specific needs or goals.

Parents/
caregivers
can meet with
a clinician to:

discuss a variety of strategies that relate to their child's social skills, life skills, communication and behaviour.

Examples of topics that can be discussed during a brief consultation appointment include:

behavioural concerns

increasing independence

learning about community resources

teaching new skills

completing OAP registration and funding applications



Call 905.684.6918 ext. 170 to request a free appointment.

Children's Services' Brief Consultations focus on proactive strategies.



Bethesda 